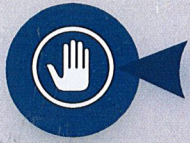


# COVID-19 TESTING

Your child care center is a participant in the New Jersey Department of Health At-Home COVID-19 Testing Distribution Program, providing free COVID-19 tests kits.

## WHY TEST?



### Helps Reduce Spread of Disease

People who don't have symptoms can still spread COVID-19. Testing helps reduce the spread.



### Recommended by NJDOH

NJDOH recommends antigen tests (at-home tests) as the primary option for detecting COVID-19 in child care centers for vaccinated and unvaccinated people.



### Get Results Quickly

Antigen tests are an easy way to help reduce COVID-19 spread in child care centers, with results in minutes.

## WHEN TO TEST

- **Exposure:** An antigen test is a useful screening tool if your child has been exposed to COVID-19, even if they have no symptoms.
- **Symptoms:** If your child has symptoms, whether vaccinated or not, test them.
- **By Request:** Your child care center may request an antigen test when returning to child care after a break or vacation.

**Note:** Any child 2 years and older can participate in at-home testing. Testing should always be done by an adult.

## TESTING TIPS

- Follow directions in your test kit carefully.
- If your child tests positive, keep them home for at least 5 days.
- If your child has symptoms and tests negative, test again in 48 hours.
- Call your medical provider for worsening illness or if you have concerns.

## REPORTING TEST RESULTS

- Report test results back to your child care center according to the center's reporting policy.
- **If your child tests positive:**
  - **Isolate:** Keep them home for at least 5 full days from the date symptoms started (or the date they tested positive if no symptoms). Keep them away from others and have them wear a well-fitting mask.
  - **Protect:** Tell people who were in close contact with your child that they may have been exposed to COVID-19.
  - **Prevent the Spread:** Your child may return to child care if symptoms have improved and they are fever-free for 24 hours (without using fever-reducing medication). They should continue to wear a mask when around others, including those in your household, for an additional 5 days (10 days total).

## MORE INFORMATION

- Every U.S. household is eligible to order 4 free at-home COVID-19 tests.
  - Visit [covid.gov/tests](https://www.covid.gov/tests)
  - Call 1-800-232-0233
- **Questions?** Contact your child care center.
- **NJ COVID-19 Information:** [covid19.nj.gov](https://www.covid19.nj.gov)

