


Union City Day Care -Infant- Food Menu

2024

Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast: Whole Grain Dinner Rolls With Butter Whole Milk Banana Lunch: Vegetable and Beef Soup Potatoes,Broccoli,Yuca Whole Milk Pear Snack: Blueberry Muffin Whole Milk	Breakfast: Cornflakes Whole Milk Strawberries Lunch: Beef Noodle Soup Celery,Carrots,Yams Whole Milk Peach Snack: Cheez-it Baked (Whole Grain) Whole Milk	Breakfast: Rice Crisp Whole Milk Pears Lunch: Chickpeas Soup Carrot,Pumpkin Whole Milk Apple Snack: Strawberries Whole Milk
Breakfast: Special-K Cereal Whole Milk Pear Lunch: Corn Chicken Soup Celery,Potato,Yams Whole Milk Banana Snack: Baked Goldfish Crackers (Whole Grain) Whole Milk	Breakfast: Corn Muffin(Whole Grain) Whole Milk Apple Lunch: Beans Soup Pumpkin,Celery,Potato,Carrot diced Whole Milk Strawberries Snack: Cheez-it Whole Milk	Breakfast: Rice Crisp Cereal Whole Milk Banana Lunch : Garbanzo Noodle Soup Broccoli Whole Milk Apple Snack: Graham Cracker (Whole Grain) Whole Milk	Breakfast: Cheerios Whole Grain Pear Lunch: Chicken Noodle Soup with Crackers Pumpkin, Celery, Potato Whole Milk Strawberries Snack: Ritz Crackers 100% Apple Juice	Breakfast: Cornflakes Whole Milk Plum Lunch: Chickpeas Soup Carrot,Pumpkin Whole Milk Apple Snack: Cinnamon Goldfish Whole Milk
Breakfast: Special-K Cereal Whole Milk Apple Lunch: Chicken Soup and Carrot Potatoes,Broccoli, Yuca Whole Milk Plum Snack: Upstate Nonfat Yogurt Whole Milk	Breakfast: Whole Grain Dinner Roll with Butter Whole Milk Banana Lunch: Chickpea Soup Carrots,Pumpkin,Potatoes Whole Milk Pears Snack: Strawberries Whole Milk	Breakfast: Toasted Oats Cereal Whole Milk Strawberries Lunch: Chicken Noodle Soup Potatoes, Celery Whole Milk Peach Snack: Cheez-it (W.G) Whole Milk	Breakfast: Cheerios Whole Milk Pears Lunch: Bean Soup Pumpkin, Celery,Carrot diced Whole Milk Banana Snack: Ritz Crackers 100% Apple Juice	Breakfast: Rice Crisp Cereal Whole Milk Banana Lunch: Vegetable and Beef Soup Potatoes, Broccoli, Yucca Whole Milk Peach Snack: Wheat Thins Crackers (Whole Grain) Whole Milk
Breakfast: Toasted Oats Cereal Whole Milk Apple Lunch: Oatmeal Chicken Soup Pumpkin Whole Milk Plum Snack: String Cheese/ Saltine Crackers 100% Apple Juice	Breakfast: Rice Crisp Whole Milk Strawberries Lunch: Beef Noodle Soup Carrots, Potatoes Whole Milk Pears Snack: Cheez It((Baked Whole Grain) Whole Milk	Breakfast: Cornflakes Whole Milk Banana Lunch: Lentil Soup with White Rice Carrots, Celery, Pumpkin Whole Milk Apple Snack: Graham Cracker Sticks (Whole Grain) Whole Milk	Breakfast: Special-K Cereal Whole Milk Apple Lunch: Chicken Noodle Soup with Crackers Carrot,Potato,Yams Whole Milk Strawberries Snack: Upstate Nonfat Yogurt Whole Milk	Breakfast: Cheerios(Whole Grain) Whole Milk Pear Lunch: Corn Chicken Soup Celery,Potato,Carrot Whole Milk Peach Snack: Ritz Crackers Whole Milk
	Breakfast: Multi Grain Cheerios Whole Milk Pears Lunch: Oatmeal Chicken Soup Carrot,Pumpkin Whole Milk Strawberries Snack: Cheese String/Saltine Crackers Whole Milk	Breakfast: W.G. Dinner Rolls with Butter Whole Milk Strawberry Lunch: Vegetable and Beef Soup Potatoes,Broccoli,Yuca Whole Milk Plum Snack: Corn Muffin Whole Milk	Breakfast: Rice Crisp Whole Milk Apple Lunch: Chicken Noodle Soup with Crackers Potatoes,Celery,Pumpkin,Carrot Whole Milk Peach Snack: Cheese Goldfish Whole Milk	Breakfast: Cornflakes Whole Milk Pears Lunch: Chickpeas Soup Carrot,Pumpkin Whole Milk Apple Snack: Graham Crackers Whole Milk

4oz. Whole Milk for 1-2 years old

6oz. 1% Milk for 3-5 years old

Beef (rounded beef knuckle) 1oz for 1-2 years old 1 1/2oz 3-5