## Union City Day Care-Child Care Food Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
				<u>Breakfast:</u>	1-May	<u>Breakfast:</u>	2-May	<u>Breakfast:</u>	3-May
				Dinner Rolls with Butter (W.C		Cornflakes		Rice Crisp Cereal	_
				1% Unflavored Milk	Plum	1% Unflavored Milk	Apple	1% Unflavored Milk	Banana
				Lunch: Chicken Soft Taco/Shredded	Chasse	Lunch:		Lunch: Chicken Seusage Dies w	ith Dod Boono
				Lettuce and Tomatoes	Cheese	Beef Noodle Soup Celery,Carrots,Potatos		Chicken Sausage Rice w Green Beans and Corn	ith Red Beans
					Watermelon	1% Unflavored Milk		1% Unflavored Milk	Orange
				Snack :		Snack :		Snack :	5
				Tyger Crackers		Cinnamon Goldfish (W.G)		Cheez-it (Whole Grain)	
	1	_ 14		1% Unflavoredf Milk		1% Unflavored Milk		100% Apple Juice	
Breakfast:		Breakfast:	7-May	Breakfast:	8-May	Breakfast:	9-May	Breakfast:	10-May
Multi Grain Cheerios (Whole Gr	,	Corn Muffin(Whole Grain)	0	Rice Crisp Cereal	Deven	Dinner Rolls with Butter (Wh	·	Cheerios (W,G)	Danana
	Apple		Stawberries	1% Unflavored Milk	Banana	1% Unflavored Milk	Peach	1% Unflavored Milk	Banana
<u>Lunch:</u> Turkey Hot Dog		Lunch: White Rice with Chicken Stew		Lunch: Spaghetti with Meatballs		Lunch: Ground Beef with White Ric		<u>Lunch:</u> Yellow Rice and Chicken	w Baana
Coleslaw and Onion		Lettuce, Tomatoes, and Cucum		Steamed Broccoli with Diced	Tomatoes	Baked Zucchini, Steamed Ca		Mix Vegetable(Corn,Peas	
	Banana	1% Unflavored Milk	Peach	1 % Unflavored Milk	Honeydew	1% Unflavored Milk	Strawberries	1% Unflavored Milk	Pear
Snack :	2 4.14.14	Snack :		Snack :		Snack :	0.10.100	Snack :	
Graham Cracker		Banana		Bug Bites Cracker(Whole Gra	ain)	Cheese Sting with Saltine	Crackers	Strawberry	
1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk	,	100% Apple Juice		1% Unflavored Milk	
<u>Breakfast:</u>	13-May	<u>Breakfast:</u>	14-May	<u>Breakfast:</u>	15-May	<u>Breakfast:</u>	16-May	Breakfast:	17-May
Special-K Cereal		Corn muffin(Whole Grain)		Toasted Oats Cereal		Cornflakes		Rice Crisp Cereal	
	Apple	1% Unflavored Milk	Banana	1 % Unflavored Milk	Strawberries	1 % Unflavored Milk	Banana	1% Unflavored Milk	Pear
Lunch:		Lunch:		Lunch:	<b>a</b> <i>i</i>	Lunch:		Lunch:	
Ham/Turkey Cheese Sandwich (W.G) Lettuce and Tomatoes				Plantain Soup with Crackers, Carrots		White Rice with Beef Stew Mix Vegetables (Corn,Peas,Carrots)		Soft Beef Taco/ Shredded Cheese Lettuce and Tomato	
	Plum	Lettuce,Corn 1% Unflavored Milk	Mandarine	Pumpkin,Broccoli 1 % Unflavored Milk	Cantaloupe	1 % Unflavored Milk	Oranges	1% Unflavored Milk	Peach
Snack :	idin	Snack :	Mandanne	Snack :	Cantaloupe	Snack :	Oranges	Snack :	reach
Upstate Nonfat Yogurt		Scooby-Doo Crackers		Cheez it (Whole Grain)		Ritz Crackers (Whole Grain	)	Wheat Thins Crackers (V	Vhole Grain)
1% Unflavored Milk		1% Unflavored Milk		100% Apple Juice		100% Apple Juice	/	1% Unflavored Milk	
Breakfast:		<u>Breakfast:</u>	21-May	<u>Breakfast:</u>	22-May	<u>Breakfast:</u>	23-May	<u>Breakfast:</u>	24-May
Toasted Oats Cereal		Rice Crisp Cereal		Whole Grain Dinner Roll with		Multi Grain Cheerios	_	Cornflakes	
	Apple		Strawberries	1% Unflavored Milk	Banana	1% Unflavored Milk	Pear	1% Unflavored Milk	Banana
Lunch:		Lunch:		Lunch:		Lunch:		Lunch:	
Ham/Turkey Cheese Sandwich( Lettuce and Tomatoes		White Rice and Ground Beef Cucumber, Steamed Cauliflow	10 F	Lentil Soup with White Rice		Chicken Alfredo with Pasta Steamed Broccoli	Penne (W.G)	White Rice with Turkey S Corn and Tomatoes	tew
	Orange	1% Unflavored Milk	Pears	Carrots, Celery, Pumpkin, 1% Unflavored Milk	Apple	1% Unflavored Milk	Mango	1% Unflavored Milk	Plum
Snack :	orange	Snack :	i cars	Snack :	Apple	Snack :	Mango	Snack :	T IGHT
String Cheese with Saltine Crac	ckers	Cheez it (Whole Grain)		Strawberries		Baked Gold Fish Crackers(\	Whole Grain)	Graham Cracker (Whole	Grain)
100% Apple Juice		1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk	- ·
	27-May	<u>Breakfast:</u>	28-May	Breakfast:	29-May	<u>Breakfast:</u>	30-May	<u>Breakfast:</u>	31-May
* * * *		W.G Dinner Rolls with Butter		Cheerios (W.G)		Corn Muffin (W.G)		Rice Crisp Cereal	
* * * * *	27.1		Strawberries	1% Unflavored Milk	Banana	1% Unflavored Milk	Pear	1% Unflavored Milk	Plum
REMEMBER AND HONOR		Lunch:		Lunch:		Lunch:		Lunch:	
MEMORIA	AT.	White Rice/Beef Meatballs		Ground Beef with White Rice		White Rice with Chicken Ste	ew	Chicken Sausage Rice w	ith Red Beans
DAY		Corn and Tomatoes 1% Unflavored Milk	Orongo	Broccoli with Carrot	Dlum	Carrot/Corn	Mondorino	Tomatoes/Lettuce 1% Unflavored Milk	
	100	Snack :	Orange	1% Unflavored Milk Snack :	Plum	1% Unflavored Milk <b>Snack :</b>	Mandarine	Snack :	
		<u>Sinack :</u> Cinnamon Goldfish (W.G)		Bug Bites Cracker(Whole Gra	ain)	Banana		Silack : Ritz Whole Grain	
		1% Unflavored Milk		1% Unflavored Milk	an 1 <i>)</i>	1% Unflavored Milk		1% Unflavored Milk	

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