## **Union City Day Care-Child Care Food Menu**

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Monday		Tuesday		Wednesday		Thursday		Friday	
						Breakfast:	1-May	Breakfast:	2-May
						Cornflakes		Rice Crisp Cereal	
						1% Unflavored Milk	Apple	1% Unflavored Milk	Banana
						Lunch:		Lunch:	
						Beef Noodle Soup		Chicken Sausage Rice/F	Red Beans
						Celery, Carrots, Potatoes		Lettuce and Corn	
						1% Unflavored Milk	Peach	1% Unflavored Milk	Orange
						Snack:		Snack:	
						Cinnamon Goldfish(Whole Gr	rain)	Cheez-it (Whole Grain)	
D 10 .	1	D 10 .	1	D 16 .		1% Unflavored Milk	1	100% Apple Juice	
Breakfast:	5-May	Breakfast:	6-May	Breakfast:	7-May	Breakfast:	8-May	Breakfast:	9-May
Multi Grain Cheerios (Whole 0	/	Corn Muffin(Whole Grain)		Rice Crisp Cereal	_	Dinner Rolls with Butter (Who		Cheerios (W.G)	
1% Unflavored Milk	Apple	1% Unflavored Milk	Stawberries	1% Unflavored Milk	Banana	1% Unflavored Milk	Peach	1% Unflavored Milk	Apple
<u>Lunch:</u>		<u>Lunch:</u>		<u>Lunch:</u>		<u>Lunch:</u>		<u>Lunch:</u>	
Turkey Hot Dog		White Rice with Chicken Stew		Spaghetti with Meatballs		Ground Beef with White Rice		Yellow Rice and Chicken	
Coleslaw and Onion	_	Lettuce,Tomatoes, and Cucur		Steamed Broccoli with Diced		Baked Zucchini,Steamed Car		Mix Vegetable(Corn,Pea	-,,
1% Unflavored Milk	Banana	1% Unflavored Milk	Peach	1 % Unflavored Milk	Honeydew	1% Unflavored Milk	Strawberries	1% Unflavored Milk	Pear
Snack:		Snack :		Snack:		Snack:		Snack:	
Graham Cracker		Banana		Bug Bites Cracker(Whole Gra	ain)	Cheese Sting with Saltine Cr	ackers	Strawberries	
1% Unflavored Milk		1% Unflavored Milk	_	1% Unflavored Milk		100% Apple Juice		1% Unflavored Milk	
<u>Breakfast:</u>	12-May	Breakfast:	13-May	Breakfast:	14-May	<u>Breakfast:</u>	15-May	<u>Breakfast:</u>	16-May
Special-K Cereal		Corn muffin(Whole Grain)		Toasted Oats Cereal		Cornflakes		Rice Crisp Cereal	
1% Unflavored Milk	Apple	1% Unflavored Milk	Banana	1 % Unflavored Milk	Strawberries	1 % Unflavored Milk	Banana	1% Unflavored Milk	Pear
Lunch:		Lunch:		Lunch:		<u>Lunch:</u>		<u>Lunch:</u>	
Ham/Turkey Cheese Sandwich(Whole Grain Spanish Rice with Chicken			Plantain Soup with Crackers, Carrots		White Rice with Beef Stew		Soft Beef Taco/ Shredded Cheese		
Lettuce and Tomatoes		Lettuce,Corn		Pumpkin,Broccoli		Mix Vegetables (Corn,Peas,C		Lettuce and Tomato	
1% Unflavored Milk	Plum	1% Unflavored Milk	Mandarine	1 % Unflavored Milk	Cantaloupe	1 % Unflavored Milk	Oranges	1% Unflavored Milk	Peach
Snack :		Snack :		Snack:		Snack :		Snack:	
Upstate Nonfat Yogurt		Scooby-Doo Crackers		Cheez it (Whole Grain)		Ritz Crackers (Whole Grain)		Animal Crackers Mixed E	Berry
1% Unflavored Milk		1% Unflavored Milk	1	100% Apple Juice	1	100% Apple Juice	1	1% Unflavored Milk	T
Breakfast:	19-May	Breakfast:	20-May	Breakfast:	21-May	Breakfast:	22-May	Breakfast:	23-May
Toasted Oats Cereal		Rice Crisp Cereal	0	Whole Grain Dinner Roll with		Multi Grain Cheerios		Cornflakes	
1% Unflavored Milk	Apple	1% Unflavored Milk	Strawberries	1% Unflavored Milk	Banana	1% Unflavored Milk	Pear	1% Unflavored Milk	Banana
Lunch:		Lunch:		Lunch:		Lunch:		Lunch:	_
Ham/Turkey Cheese Sandwic	ch(Whole Grain			Lentil Soup with White Rice		Spaguettis with Ground Beef		White Rice with Turkey S	Stew
Lettuce and Tomatoes	0	Cucumber, Steamed Cauliflov		Carrots, Celery, Pumpkin, 1% Unflavored Milk	Annla	Steamed Broccoli	Manaa	Corn and Tomatoes 1% Unflavored Milk	Plum
1% Unflavored Milk	Orange	1% Unflavored Milk	Pears		Apple	1% Unflavored Milk	Mango		Plum
Snack:		Snack:		Snack:		Snack:	'll- Oi-\	Snack:	0:->
String Cheese with Saltine Cra 100% Apple Juice	ackers	Cheez it (Whole Grain) 1% Unflavored Milk		Strawberries 1% Unflavored Milk		Baked Gold Fish Crackers(W 1% Unflavored Milk	nole Grain)	Graham Cracker (Whole 1% Unflavored Milk	Grain)
100% Apple Juice	00.84		07.14		00.00		00.14		00.00
	26-May	Breakfast: W.G Dinner Rolls with butter	27-May	Breakfast: Cheerios (W.G)	28-May	Breakfast: Corn Muffin(W.G)	29-May	Breakfast: Rice Crisp Cereal	30-May
The Kind of the Control of the Contr			Strawberries	Cheerios (W.G) 1% Unflavored Milk	Banana	1% Unflavored Milk	Pear	1% Unflavored Milk	Plum
LV CXXXX		.,	Strawberries	Lunch:	Dariaria		real	.,	Plum
The Table		Lunch:				Lunch:		Lunch:	ad Danna
Manuallo	0.25	White Rice/Beef Meatballs		Ground Beef with White Rice		White Rice with Chicken Stev Carrot/Corn	N	Chicken Sausage Rice/R	
Memorial Day 20	020	Corn and Tomatoes 1% Unflavored Milk	Orange	Broccoli with Carrot 1% Unflavored Milk	Plum	Carrot/Corn 1% Unflavored Milk	Mandarine	Tomatoes/Lettuce Salad 1% Unflavored Milk	
Sacrifices Remembered, Heroes Ho	mored.		Orange		Fluifi		iviariuarine		Apple
* *	Alej	Snack:		Snack:		Snack:		Snack:	
^***		Cinnamon Goldfish(W.G)		Bug Bites Crackers		Banana		Ritz Whole Grain	
2.5 901		1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk	